

Attention: Fibromyalgia sufferers

## “Yes! You Can Actually “Turn Down” Your Pain Modulators and Finally Get Relief From The Tortuous Symptoms Of Your Fibromyalgia”

*Best Part: it's totally natural...doesn't involve any drugs with harmful side-effects... and is proven to help alleviate most of the major symptoms of Fibromyalgia.*

Is it possible to actually beat your fibromyalgia pain... to *improve* your quality of life...and *finally* to say “enough” to some of the doctors in your life? Not to mention all the medications that usually come with all their *horrible* side-effects.

It is, IF you have the right strategies. It's OK if this seems hard to swallow right now...especially if you've been to multiple doctors and tried all kinds of pills, therapies and magic potions. I don't blame you for being skeptical. Or, even wanting to hear about yet another option.

Here's my promise to you: if you're willing to stick with me through this short report, I think you'll *quickly* find that it's *filled* with life changing, health enhancing information and is potentially your answer to getting help (real help) for your fibromyalgia...maybe for the first time ever. Let's get started....

Here are some facts you should know...

Studies show that...“*fibromyalgia and CFS have one of the highest morbidity rates (degrees of suffering) of any illness, rivaling the physical misery of advanced cardiac disease and cancer.*” I'm sure you probably already know that though. Here's more... “*Fibromyalgia is one of the most common chronic widespread types of pain in the U.S. The condition affects more than six million people.*” It can often cause lost work days, as well as lost income and disability, even a severe deterioration in your normal quality of life. Even worse, it can often take up to five years before it's diagnosed correctly.

Most Fibromyalgia sufferers struggle for years going from one doctor to the next...trying one treatment...and then another...and then another...only to be bitterly discouraged that after all of this they still haven't found a *real* solution to their *unrelenting* suffering and pain from Fibromyalgia. If this sounds like you, you're not alone.

Even worse your doctor may say, “*The pain is all in your head*” and that “*You'll just have to live with it.*” Relief from Fibromyalgia isn't easy to come by... not to mention the lack of support from family and friends... and... the fact that the health care system you rely on is often lacking. Ask yourself this question...

What will you do if your pain gets worse?

If you're like most Fibromyalgia sufferers, your worst fear is that the pain will *continue* to get worse, leaving you unable to do the things you used to take for granted, like being able to work...folding laundry... sleeping *soundly* for an entire eight hours... being able to concentrate while reading a book...playing with your children...keeping your relationships with friends and family...or just being able to be self-sufficient and take care of yourself every day.

There is hope though...

Read this next section very carefully. I'm about to share with you a *critical* fact about Fibromyalgia that top experts are now saying may be the *primary* cause in all Fibromyalgia cases...and...how you can *literally* “turn down” your pain modulators and *finally* get relief from the *tortuous* symptoms of your Fibromyalgia.

Why should you listen to me about this subject?

My name is Dr. Chad Petterson, D.C., and I've made Fibromyalgia a study. Over the 10 years that I've been in practice, I've *relentlessly* pursued *new* methods to treat and help my patients *finally* find answers to their Fibromyalgia and help them to get back a *normal* quality of life, the life they deserve to have back.

Here is what I discovered that may actually be the key to “unlock” many of the major symptoms of your Fibromyalgia and the pain and suffering you've been living with for so long....

According to the *National Fibromyalgia Association*, top researchers and medical experts are now pointing to the Central Nervous System as the primary cause of Fibromyalgia. Maybe this isn't news to you, but the solution might be.

You need to know what may be the key to alleviate most of the major symptoms of your Fibromyalgia. According to researchers... “*Fibromyalgia is caused by a defect in the central nervous system that changes the way a person normally would normally respond to pain.*”

Listen to how this medical researcher, Daniel Clauw, MD describes it ... “*Fibromyalgia patients experience pain throughout their body (ie. Muscles, bones, joints) typically not because there is some damage or inflammation in that region of the body, but because the pain signals from that region of the body are somehow amplified, or not appropriately filtered.*”

In simple terms, you feel pain much differently (at a much higher and distorted level) from someone without Fibromyalgia. And, it all relates to how the nerves perceive pain and send those messages to the brain.

That's why research is so focused on developing drugs to “block” or “shut off” the ability of your nerves to send these *abnormal* pain signals to your brain. But who wants to live on drugs forever?

What if there were a way to do the same thing naturally without the potential dangerous side-effects of drugs?

Is it possible? The answer is yes. Here's how. Imagine being able to “turn down” your pain receptors the same way you would turn down your radio. It's been proven that *spinal manipulation* has the effect of *naturally* altering your body's pain receptors to do just that. But that's only the first part of the equation.



Just listen to some of the research on how this treatment actually works...and it's effectiveness...

**According to Dr. Scott Haldeman, D.C., neurology department at the University of California...** "Research suggests that manipulation stimulates receptors in the nerves surrounding joints. This increases pain tolerance. More recent research indicates that manipulation releases beta-endorphins into the circulation which combat pain."

**From a Chiropractic study in Quebec, Canada,** Fibromyalgia patients undertook 30 treatments combining ischemic compression and spinal manipulation. "Participants reported a significant lessening of pain (77.2%), improvement in quality of sleep (63.5%), and improvement in fatigue levels (74.8%)."

**The prestigious Mayo Clinic reported that ...** "Chiropractic is one of the 10 most frequently used alternative medical therapies for Fibromyalgia."

**According to Robert Bennett, MD, FRCP, of the National Fibromyalgia Association...** "The ideal management of Fibromyalgia often involves a team approach. The leader of this team is most commonly...a Chiropractor."

And, this is only a fraction of the research that describes this condition. The array and amount of research is impossible for anyone with Fibromyalgia to ignore...and...it's a beacon of hope for you if you suffer from this imprisoning condition.

**There's more to the story though...**

**Here's the biggest breakthrough:** We've found that combining gentle spinal manipulation with muscle techniques like "ischemic compression" and leading edge treatments that include nutrition... lifestyle management... exercise... physical therapy... therapeutic massage... and a host of other natural therapies..., our results with our Fibromyalgia patients are often excellent.

In truth, it's often the combination and not each individual therapy alone that actually works so well with Fibromyalgia. That's why you may have tried many of these therapies individually or at different times without getting the relief you were looking for.

And, since many Chiropractors are trained in all of these therapies, we can offer a unique solution to many of your needs without your having to go to lots of different specialists.

Most important, all of these therapies and technologies are totally natural and don't carry dangerous side-effects as most drugs do. As a result, the body's own natural healing powers are released and able to work at a more normal level again. To me, that's always a better option than living on drugs and relying on chemicals that often carry side-effects and can alter the normal balance and function of your body.

Typically, our patients may experience decreased pain levels... more restful sleep... greater muscle relaxation... less tender points... better ability to concentrate... and better overall function.

It's not a cure...but it is a natural, proven, effective way for you to improve your quality of life again. That alone can change your entire life.

### What makes our approach so successful versus other treatments you have inevitably tried... (and what top experts say works best)?

It all starts with *diagnosing* the problem correctly...and then following up with a *comprehensive layered* approach to alleviating *naturally* every major symptom of your Fibromyalgia.

You should know, however, that not everyone is a candidate for our program. That's why I'm offering you a special opportunity - first to *see* if I can help you to "turn down" the pain modulators I spoke about...so you can enjoy your life again, the way you used to...and be free of the *prison* you've been living in.

I passionately believe that Fibromyalgia can be helped most often using *totally* natural approaches, and I'm convinced that this is one of the most *effective, safest, natural* solutions to helping people like you with this difficult condition.

By the way, there are no surprises in my office. Nothing hidden and no pressure to become a patient. So, when you come to our office, we'll take you by the hand and explain everything to you and answer all your questions along the way. In fact, I think you'll find my entire staff very welcoming and caring and I'm confident that you will feel right at home in our office. It's definitely not like the sterile environment you see in many health care offices.

### Here's what some of our patients have to say...

"I am a 59 year old suffering from Fybromyalgia. After seeing Dr. Chad I am excited to report that I was able to plant 67 plants and had no Fibromyalgia pain in my back, shoulders or arms"

— Holly S. Hastings

"I have had terrible Fybromyalgia in my neck an back, Dr. Chad has done an unbelievable job of relieving the pain with his gentle care"

— Nancy P. Hastings

### Here's what I've decided to include in that offer:

#### • A Fibromyalgia Consultation and History With One Of Our Doctors

A consultation and health history is the best way to find out HOW your problem started. Trauma, genetics, environmental factors, etc...

#### • A Thorough Examination.

This will help me determine if we can help you and if you are a candidate for receiving Chiropractic treatments. If for some reason I don't think I can help you, I will try to refer you to the appropriate health care professional.

#### • 18 Point Tender Point Evaluation

Using the American College of Rheumatology guidelines, we will confirm your diagnosis of Fibromyalgia with at least 11 of 18 specific tender point spots.

#### • Doctor's Recommended Plan.

Then, we'll sit down one-on-one and give you our recommendations. If I can help you, there will be no pressure to receive any treatment in my office. It's totally up to you at that point.

This entire "Fibromyalgia Relief Package"

would normally cost you **\$240**, however, we're offering that complete package to you over the next 7 days for only **\$27**.

### Here Is How To Take Advantage Of This Special Offer Right Now:

Simply call our office at (651) 480-1128 over the next 7 days only, and tell Deanna you are calling to set up your "Fibromyalgia Pain Relief Evaluation" for only \$27. There are absolutely no catches and nothing hidden.

**Petterson Chiropractic**  
825 Bahls Drive  
Hastings, Mn 55033  
Phone: (651) 480-1128

Visit us at:  
[www.PettersonChiropractic.com](http://www.PettersonChiropractic.com)

Just present this special report on your first visit to our office. And, remember, your entire first day is only \$27 (normally \$240).

Finally, to thank you for taking that first step and trusting us with your health, we have the ultimate

### "Fibromyalgia Pain Relief" kit

which includes therapeutic biofreeze gel, a thermal hot/cold pack and a book of home based exercises, and lifestyle changes to help worth over \$40.00 waiting for you, if you call within the next 3 days.